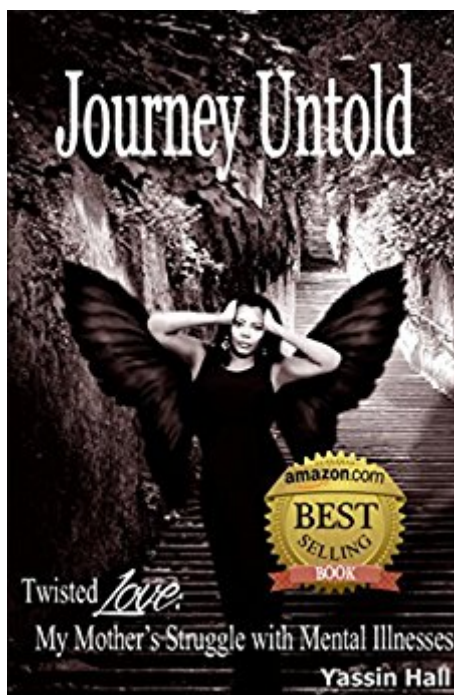


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# **Journey Untold My Mother's Struggle With Mental Illnesses: Bipolar, Paranoid Schizophrenia, Or Other Forms Of Mental Illness Is Debilitating For Everyone Including The Families Left To Try To Cope**



## Synopsis

Written from the perspective as a child living with her mother living with undiagnosed depression that went untreated causing the illness to progress into paranoid schizophrenia. Yassin's story is one of turmoil and redemption that has propelled her to champion the cause of mental illness and embrace her staple messaging "It's okay to not be okay". She wants her story as a child living with a mother that was mentally ill to inspire, save and break the curse through her mission of acceptance, education and treatment. As a teen, Yassin was bullied everyday for 15 years for no other reason than her mother had an illness that no one understood. No one wonders or asks the children/family members what's going through their minds. How do the children cope with no professional services readily available? As an innocent child so oblivious and confused about her mother's condition, she knew her mother walked the streets, lived with multiple personalities, paranoid of germs to the point her mother starts bathing in rubbing alcohol, showed signs of Obsessive-Compulsive Disorder, heard multiple voices and made up her own language. Best Selling Author Yassin Hall shares her inspiring, emotional, motivating, heart wrenching, page turning success story. How did teen Yassin take charge of her own mind to overcome the obstacles and struggles she encountered? Does she survive and escape from her mother's attempt to end her teenage life? Yassin is using her 100% unapologetic words to express what her mother's secret unknown illness did to her and for her. This memoir offers a message to the voiceless teens and adults who are also living with the family members living with a mental illness. There is hope that you too can pick up the pieces. You can make LIFEMADE out of lemons! This is a must read book for teens or those parenting teens who are looking for inspiration on coping, offering hope and not letting the turmoils of their young life stop them being a successful individual. Yassin empowers young teens and encourages hope, showing them that they are not alone and recovery is possible. This trans-formative book grips readers from the beginning and takes you on an emotional ride through the eyes of a child as she matures into womanhood. Journey Untold will make you laugh, make you cry, and most importantly spark a conversation about how people can cope with life's challenges. If you witnessed friends/family members suffer with mental illness GET this book! If you know someone with any of the 16 forms of mental illness GET this book! If you suffer or know someone that suffers with teen depression GET this book! If you were sexually assaulted GET this book! If you were a young teenage parent GET this book! If you were/are a victim of domestic abuse GET this book! Do you need motivation? Dealing with mental illness, depression, sexual assault, domestic abuse, divorce and life struggles, be inspired to keep on going and becoming a success. Scroll up and grab a copy today.

## Book Information

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## Customer Reviews

Because I worked in the woefully inadequate mental health system in the Virgin Islands at the time this book was written, I can attest to the truth of the community attitudes towards mental illness and the tremendous lack of understanding of its impact on children. Shame and secrecy still dominates the landscape and the pain that the author experienced as a child was authentic. I applaud Yassin's courage to come out of the shadow's and share her story. The pain must be met by a grassroots surge of acceptance and compassion for the problem and this book is a beginning.

This book was awe-inspiring...It truly demonstrates that every struggle in your life can be made into a driving force to conquer all your heart's desires. Sometimes we have to experience struggles in order for us to know the true meaning of humility. This book encompasses a world which many of us may not have experienced in our lifetime and helps us to understand the REAL side of mental illness. Yassin, I applaud you and wish you nothing but uplifting praise in all your current and future endeavors. May you continue to bless those who may feel lost in their own little worlds while fighting to get thru their struggles with and or dealing with loved ones with mental illness. You really brought "reality" to understanding this "shunned upon" topic. God Bless You!

Excellent book about mental illness. Born and raised in the Virgin Islands myself, I could relate to so many of the things that were said and the places mentioned. I commend the author for sharing her story. I think in many aspects it is still a taboo subject that people don't know what to do with or how to help. So instead, they do nothing and the cycle continues.

I enjoyed this book. It could have been edited a bit better so that it flowed more professionally and more attention were paid to important details but basically it was an interesting read. Kudos to the author. My sister is mentally ill and I understand your journey. You are strong, you are positive and your children are blessed.

Very thought provoking content and definitely a topic that needs a bright light shined upon it. There is not enough being done to help people with mental issues/disabilities. Very proud of Ms. Hall for taking a stance on a subject that affects families more than we realize! Get the book, read it, rate it!

I loved this book I personally didn't grow up with the situation but saw it even a close friends mom was sick very touching and inspiring I'm a mental health advocate and feel like there is a stigma with mental health issues that needs to be addressed

This was an interesting book. I love the intimacy of the language. Almost makes me feel as if I was a part of her life. I just couldn't put it down. Mental illness is truly stereotypical in the islands and the need for awareness and treatment is paramount. Everyone needs to get involved. Excellent job Yassin!

I knew Yassin when she was only a pretty little baby girl in the U.S. Virgin Islands. She has had a hard life and a long struggle but has come a long way and done well. I wish her all the luck in the world.

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